



# The Goslings Preschool

Registered Charity No. 1209514

## Asthma Policy

Asthma is a condition that affects small tubes (airways) that carry air in and out of the lungs. When a person comes into contact with something that irritates their airways (an asthma trigger) the muscles around the walls of the airway tighten so that the airways become narrower, and the lining of the airway becomes inflamed and starts to swell; sometimes sticky mucus or phlegm builds up which can narrow the airways. These reactions make it too difficult to breathe leading to symptoms of asthma.

As a preschool we will:

1. Discuss with parents and carers the child's asthma and together write a care plan, including information such as how asthma affects them, the type of device they use, emergency contacts etc.
2. We will encourage all children to join in with all activities.
3. We will ensure the environment is as safe as possible for asthmatic children.
4. We will ensure staff know what to do if a child has an asthmatic attack and know how to use an inhaler.
5. We will ensure that the child's inhaler is readily accessible.
6. We will keep an emergency inhaler in the preschool (stored in the kitchen), providing the parents are able to provide one.
7. We will ensure that if children go on an outing an inhaler is taken.

### **Asthma Register**

We have an asthma register within the preschool. When a child registers with the preschool, we will ask parents if their child is asthmatic or has been prescribed an inhaler. When parents confirm that their child is asthmatic, the child will be added to the register, and we will ensure the following:

- An up-to-date copy of their asthma care plan is always available.
- The child has an inhaler in the preschool (this can go home daily if necessary).
- Permission is sought from the parents/carers to use an emergency inhaler if theirs is broken, lost, empty or out of date.

We need parents/carers to:

- Inform us if their child is unwell and more likely to need their inhaler.
- Provide the preschool with a working, in date inhaler that is clearly labelled with the child's name.
- Complete an asthma care plan/administration of medication form.
- Inform us of any changes to the medication that the child takes.
- To give us consent to use an emergency inhaler if needed.

Inhalers are stored in a box located in the kitchen. We check the expiry date on inhalers at the beginning of each term and inform the parent/carer if they require replacement. All information is recorded on an asthma care plan that is completed by the parents and shared with all staff. Dates of administration are recorded, and parents are asked to sign the document; one copy is given to the parents, and a further copy is retained by preschool.

*This Policy has been reviewed and agreed by The Goslings Management Team and Parental Committee.*